

Creating a social story for your club

A social story is a visual guide or visual checklist that helps a person with disability navigate how to participate in the designated activity. Social stories have been proven useful when going to places such as airports, evacuation centres, etc.



Tips on creating your social story:

- Set the scene
- Describe the place in detail
- If possible, use a character
- Keep it simple
- Use lots of pictures

To the left is an example of a sensory story done for 'Arriving at an Evacuation Centre'.

First start with a picture of your entrance to show new members where to enter. Continue to provide directions and images if the meeting spot is further away from the entrance of the building.

Next, provide an image of what you are expected to do once you have arrived, e.g., do you need to sign in, where do you do that, and who do you need to see?

Continue to break down how your meeting/activity will run into simple steps, with easy-to-follow instructions and photos as visual aids.